

Tampere Vocational College Tredu  
Development Director Tuula Hoivala

15.4.2026

To Research Director, Tiina Soini-Ikonen, PI of the Mind the Future consortium  
Faculty of Education and Culture,  
Tampere University  
Åkerlundinkatu 5  
33014 Tampere University  
Finland  
email: tiina.soini-ikonen@tuni.fi

Dear Research Director Tiina Soini-Ikonen,

With this letter of intent Tampere Vocational College Tredu confirms its commitment to collaborate with the Mind the Future (MindF) (2026–2031) project provided that the proposal submitted to the Strategic Research Programme of the Academy of Finland (MIND call) will be successful. We agree that the foundation for public mental health is largely laid in adolescence and that educational contexts provide a structured and safe venue for promoting positive mental health due to the bidirectional relationship between learning and mental health. Resources for mental health, including mental health competences can also be intentionally taught and learned in school. However, we need new interdisciplinary understanding of adolescents' positive mental health trajectories and for creating the research-based solutions to address the challenges. MindF-project will contribute to this by developing a multidisciplinary nested model for promoting positive mental health and creating context-sensitive, effective and sustainable universal research-informed solutions for promoting positive mental health trajectories among adolescents in educational and digital settings.

Our commitment to collaboration with the project involves:

- Expressing willingness to discuss ideas, visions, innovations and practical achievements of the Mind the Future project.
- Assist the project in its data collection and help to access the relevant contexts and professionals.
- Welcoming invitations of sending representatives to Mind the Future co-creation meetings, workshops and webinars for interacting with multiple stakeholders regarding emerging issues of adolescent mental health.
- We will invite Mind the Future investigators to our own workshops and seminars to share ideas, findings and innovations of the project.
- Our own organization is committed to distributing actionable knowledge, best practices, pedagogic guidelines and technologies developed by Mind the Future consortium through our own channels.
- Carrying out all other activities that are mutually agreed about.

The present letter does not imply financial transaction between the present organization and Mind the Future project. Mind the Future project assumes responsibility of covering costs of, for example, the co-creation activities it is hosting.

If research data is collected from Tampere Vocational College, a separate research permit is required.

The agreement will not be binding on the City of Tampere until the relevant decision has become enforceable.

Specific co-creative and dialogic activities to be taken will be negotiated between Tampere Vocational College Tredu and the Mind the Future consortium after the project has been accepted.

We consider the project innovative and highly important in terms of adolescents' positive mental health and means to cultivate it, and look very positively toward initiating of the actual collaborative activity.

Sincerely yours,

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Signature

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Tuula Hoivala, Development Director